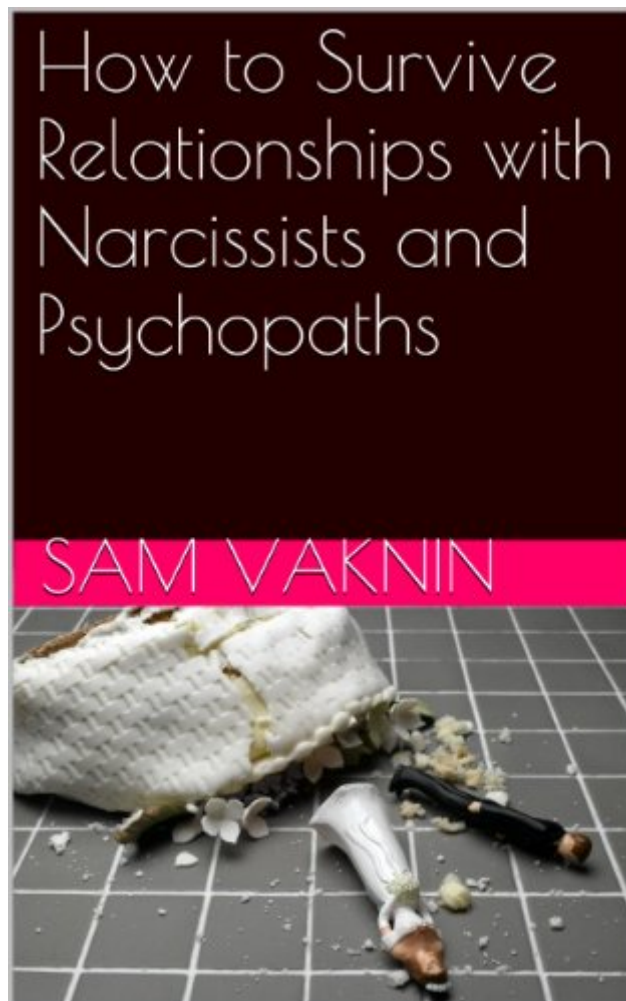


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# Narcissistic Abuse: From Victim To Survivor: How To Survive Relationships With Narcissists And Psychopaths



## Synopsis

Rescue fantasies, malignant optimism, how to love, live with, or abandon a narcissist, narcissistic tactics, relationship dynamics, remaining friends with the narcissist.

## Book Information

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Personality

## Customer Reviews

Interesting and thorough book, by self-avowed Narcissistic PD "sufferer" and expert. Granted, one feels one has read a mechanically produced work- the coldness of the Narcissist blatant and frightening. Yet while claiming the individuals diagnosed are "incurable", the author must realize he is begging the question: who are you fooling now? The viewpoint is severe, deterministic, and videos purporting to diagnose current US President damage author's credibility. A Crime and Punishment tale this is not. "No cure", "Just evil people" [and I am one of them] to discuss a condition allegedly caused by abuse (a spoiled brat is an abused child) is a lame form of self-indulgence. Unless efforts are made, indeed the disorder will continue to be glorified. A societal and moral issue is here taken up guru-style and the right-wing political agenda is, simply put, distasteful.

This book is excellent, it described my husband's pathology so accurately it was scary. I would have given it 5 stars had it not been for the insistence that all who stay married with a person with this condition are masochists. Not factoring in naive blindsidedness, and many children, with no support from other people was not really expanded upon. I understand that there are many who are masochistic, the journey into the mouth of hell is bound to take its toll on the insecure and weak. These people trap their spouses in total dependence and undermine ALL attempts at personal progress, at times with ridicule and others with unrealistic over expectations, and a constant pressure to produce results. 20 years I endured this for my children, never did I believe it normal, I was mostly shocked there are people in the world like this, and never did I feel deserving of this treatment either. I will say, however, these people will either end you or make you the strongest person in the world. The worst of the worst at such close range is a battle so intense that you are really forced to define who you are and are not. Excellent book!

Great book for healing from the emotional trauma of dealing with a person with NPD. Highly recommended, along with Sam Vaknin's other books.

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